

# Point of Rocks Ruritan Club Newsletter

# THE WHISTLE STOP

March 2015

Issue No. 10, Vol 37

POINT OF ROCKS RURITANS  
P.O. BOX 135  
POR, MD 21777

-EDITOR-  
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## Spring in Point of Rocks, Maryland

### SPRING IS IN THE AIR

After a very long winter, signs of spring are here. Stay tuned for upcoming events and articles. We are gearing up for Easter Breakfast/Egg Hunt and have started to accept applications for the 6th annual Art At The Point.

### RURITANS

We would like to take a minute to reach out to those that are new to the neighborhood/area. We have regular member meetings every 2nd Thursday of each month from 7-9 pm. Active member dues are \$60 per years +4 meetings + service hrs. Associate members \$40 per year. Interested in what the Ruritan's are about? Contact us and make arrangements to attend one of our upcoming meetings or events.

### ADVERTISING OPPORTUNITY

The Whistle Stop is mailed to approximately 1000 homes in and around Point of Rocks, Maryland. To help fund the community newsletter we are now offering ad space for your business or service. The rates are: Business card size - \$35, post car size - \$60, half page - \$90, full page - \$110. A yearly discount is available -- please inquire. Ad space may be purchased per edition or up to all four issues for a better rate. It is published 4 times a year and is mailed to all houses in the 21777 area and Tuscarora. Contact The Whistle Stop at [porwhistlestop@gmail.com](mailto:porwhistlestop@gmail.com).

**COMMUNITY EGG HUNT & EASTER BREAKFAST**

Egg Hunt 10 am  
Breakfast served 8 am 'til 10:30 am

March 28, 2015  
Point of Rocks Community Center  
1635 Ballenger Creek Pike  
Price per plate, from \$4 to \$7. Kids hunt eggs for free.

**TRASH FREE POTOMAC WATERSHED**

**ALICE FERGUSON**  
Watershed Cleanup

WELCOME  
KIDS TENT  
FOOD  
RURITAN TENT  
FOOD

Art At The Point 2015

**6TH ANNUAL ART at the POINT**  
POINT OF ROCKS, MD

# Community News

## POINT OF ROCKS PARKS

Frederick County Division of Parks and Recreation has received approval to move forward with the Point of Rocks Community Commons Development Project, based on the Park Master Plan that was completed in November 2010. The Community Commons park site is located south of Rt. 28 (Clay Street), between the MARC parking area and Rt. 15 (location of the Art At The Point festival).

The County will be securing the services of an architect and engineering firm to assist staff with developing design plans for this park. Once the design phase is completed, they will proceed with publicly bidding the construction portion of the project, which is anticipated to begin in 2016.

Frederick County Division of Parks and Recreation also has in the works a plan to create a Point of Rocks Regional Park. It will be on the land next to Canal Run that is currently leased by Daniel Coates, a farmer. The lease expires in December 2015, but the county may lease the land again since the park is years away from development. The goal is to move forward on planning and development of the Regional Park sometime during the 2016-2021 timeframe.

### IN MEMORIAM



Richard Keeney, 59 a local of Tuscarora resident passed away Nov. 23, 2014. He was known for his quirky birdhouses made from reclaimed wood and other items. He sold and displayed his “Dodo Creations” outside his home that sat on the corner of Rt. 28 in Tuscarora.

Rick was a 1973 graduate of Thomas Johnson High School, where he ran track. His career included being a line cook at the Olde Towne Tavern in Frederick and management at Kmart. He liked writing poems, short stories, talking history and politics. He played on church softball and bowling league teams. He attended Forest Grove United Methodist Church in Tuscarora.

That scenic ride in the country won't be the same without that special bit of Americana by the side of the road. His birdhouses and home were widely photographed, and will be remembered.



Patrick Hollern, 64, of Tuscarora passed away February 1, 2015. He was a Navy veteran who served his country from 1969-73. After 28 years of service with Montgomery County Department of Fire and Rescue Services he retired in 2004.

Pat was an active member of the Retreads Motorcycle Group and The Washington, Virginia & Maryland Garden Railway Society. Pat enjoyed his Harley and taking riding trips. He built train models, landscaped his garden railroad and cared for flowers in his greenhouse. He liked to work with his hands building projects for his family, and spending time with his three grandchildren.

He loved the outdoors and farming at Rocky Point Farm and Creamery where he took care of the baby calves there everyday. He will be greatly missed by his Ruritan friends and the community.

A “Go Fund Me” has been established for Pat's three grandchildren. If you wish to make a donation please visit: <http://www.gofundme.com/PatsKids>

### PASTOR

Solid Rock Assembly of God is pleased to announce the election of a new lead pastor, Rev. Debbie Gillispie. She and her husband began serving the congregation on December 7, 2014. She is an ordained minister with the General Council of the Assemblies of God headquartered in Springfield, MO. Originally from the Baltimore, MD area, Pastor Debbie brings vast experience serving people of all ages, along with her passion to share the love of Christ Jesus to the residents in and around Point of Rocks.

In order to accommodate the continued growth, the congregation relocated to the vacant Epworth United Methodist Church building in July 2001, where the church continues to serve as a family worship center for the community of Point of Rocks.

Under the direction of Pastor Debbie, Solid Rock Assembly will continue to support the citizens of Point of Rocks and the surrounding region with the Good News of the Gospel, through practical humanitarian efforts, and whatever means available.

The Church would like to extend an invitation to the public to join us: Sundays Discipleship Classes as 9:30 am, and Worship Gatherings at 10:30 am; Wednesdays Kids Clubs for Preschool – Middle School aged children and a combined adult and teen Bible study at 7:00 pm. Nursery is provided for all gatherings.

# Upcoming Events in Point of Rocks

## GHOST PEPPER

March 17 RiRa Arlington  
 April 4 Gaithersburg at Growlers  
 April 11 Spanky Shenanigans Leesburg  
 April 17 Bungalow Billards Chantilly  
<http://ghostpeppermusic.com/music/>

## ANNUAL MEETING

The Old Carroll Primitive Baptist Church is hosting its annual meeting Friday, March 20 through Sunday, March 22. The church moved to Point of Rocks from Mt. Airy two years ago and is excited to be a part of the community. Old Carroll is inviting community members to come for a weekend of worship and fellowship in March, or visit any Sunday at its regular 10:30 a.m. worship service.

Primitive Baptists enjoy family integrated worship, consisting of acapella singing, prayer, and preaching from the King James translation of the bible. They believe in salvation by grace and baptism by immersion as a profession of faith. For more information about the church and the upcoming meeting, visit [www.OldCarrollPBC.org](http://www.OldCarrollPBC.org) or call Eld. Jonathan Cook, pastor, at 240-285-5451. 1519 Ballenger Creek Pike. Point of Rocks, Maryland 21777

### Services:

- March 20 at 6 p.m.
- March 21 at 10 a.m. and 2 p.m.
- March 22 at 10:30 a.m.

## EGG HUNT & WAFFLE/PANCAKE BREAKFAST

Please join us for breakfast and meet your neighbors & community at the Easter Egg Hunt & Waffle/Pancake Breakfast on March 28, 2015 from 8-1030 am at our community center @ 1635 Ballenger Creek Pike. Belgium waffles, pancakes, eggs, sausage, bacon, orange juice, milk and coffee will be served. Kids 3 to 6 \$4, ages 7-17 \$6, adults \$7. Library opens at 10. 10 am is Easter Egg Hunt. Proceeds

from the event, sponsored by The Point of Rocks Ruritan Club, benefit the "Jim Webb Memorial Point of Rocks Ruritan Scholarship" and other local charities.

We still need volunteers and servers. Call Karen 301-874-3510. Event is rain or shine. Bring your easter basket for the easter egg hunt! Point of Rocks shirts will be for sale (\$10). Train Station wooden plaques (\$15). New residents are especially welcomed.

The local food banks have been especially hard hit this winter. Anything you can bring would be greatly appreciated. There will be a box available at the Easter Breakfast/Hunt at the community center for donations to the local food bank.

## JERRY DONALD

Frederick County Council Member Jerry Donald, District One, has announced that he is extending an invitation to any interested constituents to meet with him on Saturday, March 28, from Noon to 12:45 pm at the Point of Rocks Community Center at 1635 Ballenger Creek Pike. Citizens who are unable to meet with Council Member Donald on March 28 are welcome to call his office at 301-600-2336 to set up a meeting or provide their comments and concerns by U.S. mail or by e-mail at [JDonald@FrederickCountyMD.gov](mailto:JDonald@FrederickCountyMD.gov).

## TAI CHI

Check out a new exercise class: Tai Chi/Chi Gong taught by Maureen Ivusic Tuesdays at 10:00 AM, Point of Rocks Community Center.

## LINE DANCING

For Fun and Fitness at Point of Rocks Community Center. Wednesday Mornings 9:30-11:00 am beginning April 8th. Thursday Evenings 7:30 to 9:00 pm beginning April 9th. All are welcome! There is no charge and no partners are

required. Includes instruction for new beginners during first half of each session. More challenging dances may be included in second half of each session, depending on experience of the group. For more information contact: Kathy Burrell at 301.810.5775/  
[kathy.mkfb@gmail.com](mailto:kathy.mkfb@gmail.com)

## SERVICES FOR ST. PAUL'S PARISH

### *Holy Week & Easter services:*

Palm Sunday, March 29--10 am Holy Eucharist & Blessing of the Palms

### *Holy Week Evening Service:*

March 30, Holy Eucharist 7 pm

March 31, Holy Eucharist 7 pm

April 1, Holy Eucharist 7 pm

April 2, Holy Eucharist service 7 pm; stripping of the altar

Friday, April 3, Liturgy of Good Friday, Holy Eucharist with reserved sacraments

EASTER SUNDAY 10 am

Holy Eucharist

## LIBRARY

The Edward F. Fry Memorial Library at Point of Rocks/POR Community Center is a wonderful resource for families. Check the website for upcoming special programs or call when library is open: Mon/Wed 3 pm-8pm, Tues/Sat 10am-3pm, 301-874-4560. See "Special programs. Each Monday - 6:30 pm - Starlight Family Storytime at the library - come in your pajamas - no registration needed. Enjoy book reading, music, and activities that foster a love of books. Each Tuesday - 11 am - Preschool Storytime at the library--same as above, for Preschool children. 3rd Wednesday each month - 6 pm - Wii Game Night at the library, Super Mario, Sports, Guitar Hero, large 6x8' screen, ages 7-14.

## COMMUNITY CENTER

The Community Center is available for group meeting/party rentals. Email the Building Manager, Carolina Swyers at [porbuildingmanager@gmail.com](mailto:porbuildingmanager@gmail.com) for rates (\$50-200) and scheduling for all uses of the building.

# Upcoming Events in Point of Rocks (Cont'd)

## COMMUNITY CLEANUP ALONG THE C&O CANAL

Come take part in the 27th Annual Potomac River Watershed Cleanup: Saturday, April 11th, 9 am – 11:30 am, C&O Canal National Historical Park in Point of Rocks.

The Potomac River Watershed Cleanup, initiated in 1989, has become a major watershed-wide event with more than 650 participating cleanup sites in 2014 across Maryland, Virginia, West Virginia, Pennsylvania and Washington, DC. Point of Rocks residents have hosted a local site for many years, and we're happy to have others join in. Everyone's welcome!

Last year, local cleanup efforts focused near the Lander Lock House (Lock 29) just west of Point of Rocks. This year, the event will kick off at the C&O Canal Park boat-ramp parking area here in town. From there, volunteers may head west or east along the canal path and Potomac River floodplain. Or some of us may want to focus on streams, roadways and public areas closer to our neighborhoods—we're all within the Potomac watershed!

A fun morning with family and friends, for however much time you might have available. Wear old clothes and gloves suitable for gathering trash along the canal path and river corridor. Trash bags are provided onsite, and all trash collected within the C&O Canal Park will be removed by the Park Service. Light refreshments are provided at the C&O Canal Park staging area.

Directions to C&O Canal Park in Point of Rocks: from MD Rt.15, head east on Rt.28 (Clay Street) approximately one quarter mile. Turn south (right) at the Masonic Lodge (west end of MARC parking area). Turn right onto the gravel CSX service road. Several hundred feet beyond, the entrance to the park is on the left. Pass over the

railroad tracks and canal bridge to enter the parking area. Ample parking is available at the boat ramp parking area, or if need be, at the adjacent MARC parking lot. For more information, call: 301-874-2652, or email: [aillery@msn.com](mailto:aillery@msn.com). For additional information on the regional Potomac River Watershed Cleanup initiative, see:

<http://fergusonfoundation.org/trash-free-potomac-watershed-initiative/potomac-river-watershed-cleanup/>

## YARD SALE

Canal Run is having their Spring 2015 Community Yard Sale April 25, from 8 am to 1 pm. This takes place in the Canal Run Clubhouse parking lot. Rain or shine event. Contact Karen L a z o at 3 0 1 - 8 1 0 - 5 1 4 4 [LazoFamily@comcast.net](mailto:LazoFamily@comcast.net).

## PVYA

The PVYA River Rapids swim team is gearing up for another great season! Registration is open now through May 15, 2015.

They have one team, open to all swimmers ages 5-18 (as of June 1st), and the only requirement is that your athlete be able to swim one length of the pool, 25 meters. New swimmer evaluations on May 27th and 28th are from 7-8pm (only one of the sessions is required of new swimmers), and a New Parent Meeting on May 6th from 7-8 pm at the Brunswick City Park Building, 665 E Potomac St, Brunswick, MD 21716.

Swim meets are on Saturday mornings throughout Frederick County, and the season runs from the week after Memorial Day through the end of July. The practice schedule and tentative meet schedule is online at

[www.pvya.org](http://www.pvya.org). You can email them at [info@brunswickswimteam.org](mailto:info@brunswickswimteam.org) for more information.

## MARCH OF DIMES-MARCH FOR BABIES 2015

April 26, registration at 9 a.m., walk starts at 10 a.m. at Urbana District Park. There'll be family teams, company teams and people walking with friends - it's a great feeling knowing you all are helping real families. Join this event and walk with us to raise money for babies right here in our community!

## VACATION BIBLE SCHOOL

Emmanuel Trinity Lutheran Church 4004 Ballenger Creek Pike, Frederick, MD 21703 June 22-26 6:30-8:45 pm. Registration: \$5/child, \$10/family \$3/ t-shirt. Online registration: <http://www.emmanueltrinity.org> Under the "children" tab, select VBS then click on the Everest Bible Camp link. Payable to ETLC (See address above.) Contact ETLC at [office@etlcmd.org](mailto:office@etlcmd.org) or 301-624-5838.

## ART AT THE POINT



Save the date! Art at the Point is September 26, 2015 from 10 am to 5 pm.

## SHIP & Local Service Organizations

There are many local opportunities to assist those less fortunate—through donated items or volunteering your time. Here is a list:

### SHIP (STUDENT HOMELESSNESS INITIATIVE PARTNERSHIP.)

There are now a total of 686 children who are listed as homeless, in Frederick County.

The Frederick County community came together in late 2013, determined to lend a hand, and provide immediate and at times, emergency support in the form of clothing, food, and even shelter. This collective action became what we now know as **SHIP**.

"SHIP fulfills a very short list of needs for students encountering homelessness with Frederick County schools, namely immediate needs for clothing, funding for extracurricular activities, and emergency food and housing when no other options exist. Because of our very specific focus, we fill a service void in the community. Oftentimes, we work with other existing organizations to supplement needs," said Ed Hinde, Executive Director of SHIP.

SHIP helps in four primary ways. They provide clothing, food, funding of extracurricular activities, and emergency shelter where no other options exist.

*To volunteer to help*, please make contact with us.

*To contribute financially*, please mail to SHIP, P.O. Box 1629, Frederick MD 21702 or go to [www.ShipFrederick.com](http://www.ShipFrederick.com).

All monies raised go directly to providing direct support to the school children, and are tax deductible. SHIP is a non-profit.

### CITY OF FREDERICK FOODBANK

14 East All Saints Street  
Frederick, MD 21701  
301-600-6263

<https://www.cityoffrederick.com/index.aspx?NID=462>

This food bank provides a 3 to 5-day supply of food to needy families that are experiencing a financial crisis and cannot afford their groceries. It serves 600 to 800 families each month.

Non-perishable items are needed. Especially pastas, rice, spaghetti or tomato sauce, cereal, canned fish like tuna, peanut butter, and canned meats. All donations should be delivered to the loading dock on the side of the building. All donations are tax-deductible and monetary donations are also accepted. For more information, please contact Sarah McAleavy at 301-600-6263 or at [smcaleavy@cityoffrederick.com](mailto:smcaleavy@cityoffrederick.com).

The food bank also needs personal hygiene supplies and childcare items such as shampoo, towels, washcloths, razors, shaving cream, deodorant, toothbrushes, toothpaste, disposable diapers, and baby food.

### THE MISSION

Frederick Rescue Mission  
Non-Profit Organization  
419 W South St,  
Frederick, MD 21701  
301-695-6633  
<http://www.therescuemission.org>

Donations needed: Scarves, Hats, Gloves, Blankets, Coats, Hand

Warmers, Socks, Long Underwear. Adult Bikes, Coffee, Powder Coffee Creamer, Razors (3 or more blades), Deodorant, Shampoo, Bottled Water, Plastic utensils and dinnerware. Sleeping bags/Tents, Non-perishable food items needed for our pantry: Fresh Fruits & Vegetables. Bath and Twin Bed Linens, New or Gently-used Clothing and Furniture for Beacon House residents and needy community members through our Rescued Treasures Voucher Area (for all inquiries regarding furniture donations, please contact Greg at 301-695-6633 x 207). No pick-ups are being made at this time. Office Supplies (copy paper, mailing labels, file folders, staples, paper clips, etc.)

### EMMANUEL TRINITY LUTHERAN CHURCH FOOD BANK

Please contribute canned or boxed food items and paper products the next time you go to the Point of Rocks Community Center. Your donations will be greatly appreciated. If you prefer to make a donation of money you can make out a check to Emmanuel Trinity Lutheran Church and indicate that it is for the Food Bank. The Food Bank is presently located at 4004 Ballenger Creek Pike, Frederick, MD. There is also a basket to collect food items at the church. The church is open every Sunday at 9 AM with a Worship Service beginning at 10 AM. There is also a Sunday School for children age 3 to 5th Grade that begins at 10. For more information you can call the Church Office at 301-624-5838 or E-Mail [pastor@ettcmd.org](mailto:pastor@ettcmd.org).

## Troop 279 Fall/Winter 2014

The Troop has been hampered this winter with the snow missing meetings due to school closings and actually having to cancel our Feb. 14<sup>th</sup> campout as well. We did manage to camp in the month of January at the Klondike Derby where the Scouts did rather well in the snow. We tried out our new tents (donated by a community member) and they handled the wet slushy snow superbly! It was fun sleeping with the swooshing sounds of snow sliding off the tents. It was only 25 degrees this year and the Scouts handled things very well!

We once again helped out at the Catocin Kennel for one of the Dog Shows there. The Scouts helped out in the ring, with parking, and in helping the owners bring their dogs and gear in and out. The Troop also sold their famous vegetable beef soup



as well as the usual collection of hot dogs, chicken salad sandwiches and sodas.

We recently added 7 Cub Scouts from the Adamstown and Brunswick Packs. A bridging ceremony for them was held Feb. 25<sup>th</sup> at the POR

Community Center. Several of them have camped with the Troop before at the Cub Adventure weekend, but their first official Troop campout will be in mid-March when the Patrol Leaders Council (PLC) will be putting on a training campout for them. They will learn about the Patrol method, equipment and its' care, and general camping and Scout skills.

We are always looking for more Scouts and adults to join our merry band. You don't have to be in Cub Scouts to join Boy Scouts. Some of our recent members joined because their friends told them about what a great troop we are. The Troop meets every Wednesday starting at 7:15 PM at the Community Center.

## Call for Point of Rocks Artists

The 6th Annual Art at the Point is September 26, 2015! Art at the Point invites visual artists to apply for exhibit space to show and sell their original work. The festival will feature a wide range of work including ceramic, jewelry, photography, painting, digital and more.

Submissions are juried for originality, design, craftsmanship and presentation. This unique festival combines the best regional visual art with the best local bluegrass and tastiest food in a family-friendly, one-day festival in historic Point of Rocks.

For additional information and application, please visit [www.pointofrocks.org/art](http://www.pointofrocks.org/art) and click "Apply," or email [art@pointofrocks.org](mailto:art@pointofrocks.org). Let us know if you would like to help out with the festival!



New Age, Jazz, Blues and more...



PETER ROEBUCK

PIANIST

240.586.1119

[peter@pianomanpeter.com](mailto:peter@pianomanpeter.com)

[www.pianomanpeter.com](http://www.pianomanpeter.com)

[www.facebook.com/pianomanpeterroebuck](http://www.facebook.com/pianomanpeterroebuck)



GOT PAIN?

WHY SUFFER?

Get A Massage!

*Susan Sanders* is a Nationally Certified and Maryland Licensed Massage Therapist in practice since 2001. She practices massage and CranioSacral Therapy (CST) right here in Point of Rocks and in Frederick with a focus on relaxation and general healing for the patient.

*Massage techniques include*, Swedish, Deep Tissue, Myofascial Release, Myofacial Massage, and chair massage. Massage Therapy addresses many aches and pains including: arthritis, back and neck pain, carpal tunnel, headache/migraine, TMJ, depression, insomnia, myofascial pain, sports injuries, and scar tissue reduction. The patient is partially undressed and is made comfortable on a heated (if preferred), cushioned therapy table and is covered at all times except for the area being massaged.

*CranioSacral Therapy* is gentle for newborns to elders, and a full spectrum of pain and dysfunction can be gently relieved including the above as well as infant and childhood disorders, brain and spinal cord injuries, chronic fatigue, fibromyalgia, learning disabilities, PTSD and many other conditions. CST is a gentle, hands-on modality (not massage) that is applied to a fully-clothed patient, and helps to relieve restrictions along the Central Nervous System, thereby releasing deeper tissue structure in the body, allowing the body to self-correct, improving whole body health and performance. Susan offers 30 and 60 minute sessions only. Gift certificates are also available. Please call 301.514.9956 to book your healing session today!

**FROM THE DESK OF  
COUNCIL MEMBER JERRY DONALD....**

**301.600.1103**

**[JDONALD@FREDERICKCOUNTYMD.GOV](mailto:JDONALD@FREDERICKCOUNTYMD.GOV)**



It was great to come to the Point of Rocks Community Center on February 28 to see the facilities there and to meet with everyone.

While I was there, I had the opportunity to discuss pedestrian issues and the possibility of expanding deer hunting with a rifle into parts of southern Frederick County.

Recently I had the chance to speak to the County Council about making our rural roads safer by expanding the shoulders on the roads. This would benefit all users of the roads, from homeowners getting their mail from their mailbox, to the bicycle riders, to the walkers and joggers. More and more often people are using our roadways and we need to think about how to make them safer for everyone. The time to start that discussion is now.

We talked about ways to gain access to the Canal. I have heard you and am researching the possibilities to make the access easier.

My opinion is that there should be no use of rifles to hunt deer in southern Frederick County. As that portion of the county becomes more populated, it is more important to keep the outdoors safe for those living there. I will consistently vote against any such expansion of hunting.

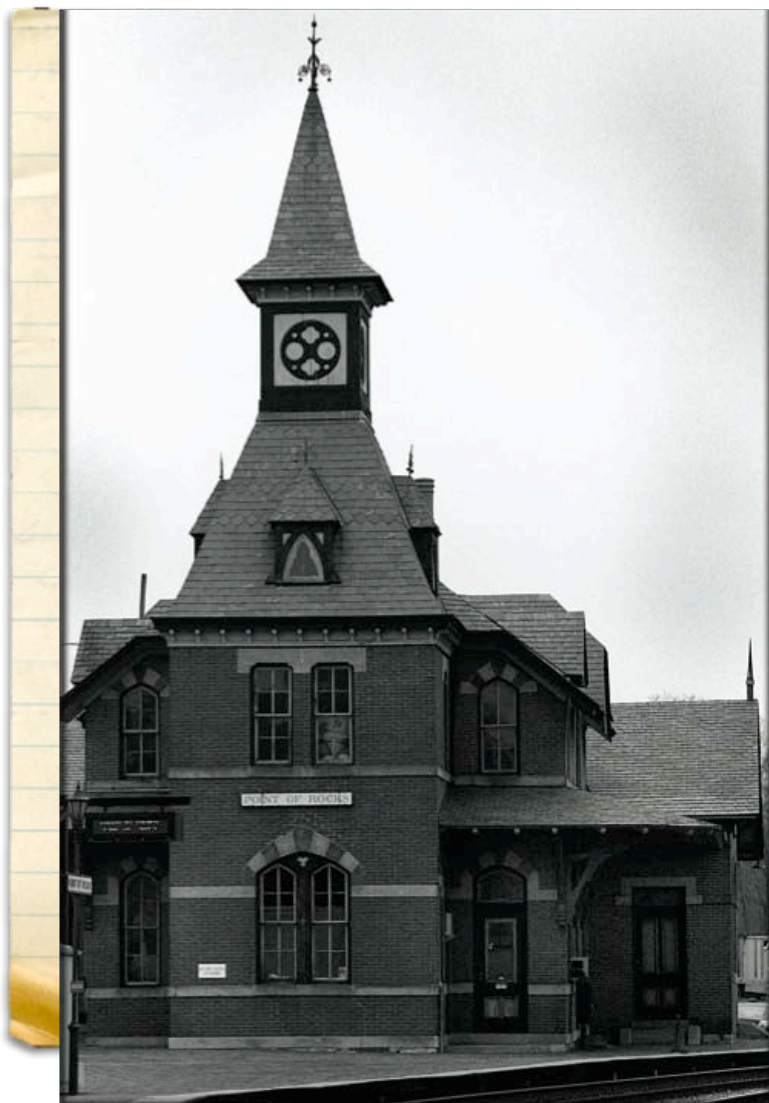
I will again be in the Point of Rocks Community Center on Saturday, March 28, from Noon to 12:45 p.m. I invite you to come and have a conversation with me! I look forward to meeting you.

Jerry Donald  
Frederick County Council Member  
District One

# THE WHISTLE STOP



Point of Rocks Ruritan Club  
PO Box 135  
Point of Rocks, MD 21777



*This newsletter will be distributed quarterly and is also available online. Sign up for POR News Blast mail list now For latest news / events not in printed format. Send email/name/ mailing address to: [porwhistlestop@gmail.com](mailto:porwhistlestop@gmail.com)*

## 2015 Board of Directors

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Secretary - Nicole Mantle  
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1st year Director - Charlie Crum  
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